

SESSION 2019-2020
CLASS – VII
ENGLISH

Months/ Days	Communicate in English	Writing Section	Grammar
April (17days)	Hopscotch	Informal Letter	Sentences Nouns
May (11days)	The Echoing Green	Notice Writing	Adjective Pronouns
July (23days)	Around the World in 80 Days A Trek Through the Himalayas	Article Writing	Verbs Tenses
August (20 days)	A laugh Riot Foolish Questions	Story Writing (with opening line)	Adverbs Prepositions
September (17days)		REVISION First Term Exams	
October (17days)	The Stranger Where the Mind is without Fear	Poster Designing	Auxiliary Verbs Punctuation
November (20 days)	The Ghost of Christmas Yet to Come The Little Green Orchard	Letter to the Editor	Conjunctions Reported Speech
December (21days)	Apologize ! The English Lesson	Debate Writing	Phrases and Clauses More Sentences
January (19 days)	Salim and Tansen The Fabulous, Fabled Silk Road		Voice Determiners
February (19days)	Revision Second Term Exam.		

Note: Comprehension exercises to be done regularly.

सत्र 2019–2020

कक्षा–सात

विषय–हिंदी

माह / दिवस	
अप्रैल17..... दिवस	परिवेश– इतने ऊँचे उठो, बुद्धि और भाग्य रंगमंच की कहानियाँ– प्रायश्चित व्याकरण– अपठित गद्यांश, सर्वनाम
मई ...11..... दिवस	परिवेश– प्रभु तुम मेरे मन की जानो व्याकरण– अनुस्वार, अनुनासिक
जुलाई ...23..... दिवस	परिवेश– हमारे दीनू काका, उफ! ये गरमी व्याकरण–अपठित पद्यांश, विशेषण, दीर्घ संधि–अभ्यास कार्य
अगस्त ...20..... दिवस	परिवेश– हम पंछी उन्मुक्त गगन के, नीलू रंगमंच की कहानियाँ– मंत्र व्याकरण– औपचारिक पत्र, अनुच्छेद लेखन, गुण व वृद्धि संधि
सितंबर ...20..... दिवस	पुनरावृत्ति अर्द्धवार्षिक परीक्षा
अक्टूबर17..... दिवस	परिवेश– सूरदास के पद, फुसफुसाहट व्याकरण– विराम चिह्न, काल के भेद
नवंबर20..... दिवस	परिवेश– आ रही रवि की सवारी, परीक्षा रंगमंच की कहानियाँ– परोपकारी कुमार व्याकरण– तत्पुरुष व द्वंद्व समास, क्रिया विशेषण
दिसंबर21..... दिवस	परिवेश–एक तिनका रंगमंच की कहानियाँ– कविता फिर ऐसे बनी व्याकरण– कारक, अनेक शब्दों के लिए एक शब्द, अनुच्छेद लेखन
जनवरी19..... दिवस	परिवेश– लघु भारत, उखड़े खंभे व्याकरण– समुच्चयबोधक
फरवरी19..... दिवस	पुनरावृत्ति वार्षिक परीक्षा

सत्र 2019–2020

कक्षा – VII

संस्कृत

माह/दिन	दिव्यम् भाग – 2	व्याकरण
अप्रैल 17 दिवस	प्रार्थना वार्तालापः	स्वर संधि। अकारान्त, आकारान्त, इकारान्त, ईकारान्त, उकारान्त शब्द रूप। धातु रूप – कृ, नम्, दृश्
मई 11 दिवस	पर्यावरण-महोत्सवः	पितृ, मति, लता, किम्, अस्मद्, युष्मद्, तद् के रूप। विभक्ति – नियम। प्रश्न – निर्माण
जुलाई 23 दिवस	मम दिनचर्या पीयूष-बिन्दवः	पत्रों में रिक्त स्थान की पूर्ति। संस्कृत में वाक्य निर्माण (चित्र-वर्णन)
अगस्त 20 दिवस	संख्याज्ञानम् लङ्कारः	प्रत्यय – क्त्वा, ल्यप्, तुमुन्, तव्यत्, अनीयर्, प्रत्यय। अव्यय-प्रयोग
सितम्बर 20 दिवस	पुनरावृत्ति	
अक्टूबर 17 दिवस	काकस्य चातुर्यम् सूक्ति – पुष्पाञ्जलिः	अस्, नश् के रूप (धातु रूप, शब्द रूप प्रयोग)
नवम्बर 20 दिवस	उद्यमेन हि सिध्यन्ति कार्याणि यथा कर्म तथा फलम्	संख्यावाची शब्द, व्यंजन संधि। वचन-परिवर्तन
दिसम्बर 21 दिवस	शाकानाम् चिन्ता विनोद-कणिका	चित्र-वर्णन। पत्र-पूर्ति। प्रश्न निर्माण
जनवरी 19 दिवस	समय-लेखनम्	उचित-विभक्ति प्रयोग, अशुद्धि – संशोधनम्।
फरवरी 19 दिवस	पुनरावृत्ति	घटनाक्रम, प्रत्यय का अभ्यास

SESSION 2019 – 2020
CLASS – VII
URDU (Course B) (JAAN PEHCHAN)

Months/ Days	CONTENT	GRAMMAR
April (17days)	MERA HIDUSTAN WATAN APNA KAAM KHUD KARO	ISM,FAEL(QISMEIN) ZAMANE
May (11days)	KONEN HAR INSAN BRABAR HE
July (23days)	SAADGI AGRE KA SAFAR BASANT	SIFAT (QISMEIN) WAHID JAMA LETTER WRITING
August (20days)	TOTE KI CHALAKI KOLTAR , PAANI	MUTAZAD ALFAZ MUZAKKR MAUNNUS
September (20days)	REVISION FIRST TERM EXAM
October (17days)	CHANDBIBI KON BARA HE QALAM	MUTRADIFAAT
November (20days)	SONE KA CHUHA, PEDAL SE HAWAI JHAZ TAK	ZAMIR , IZAFAT
December (21days)	NEELGAGAN MEIN TAARE MOQAPARAST	ESSAY WRITING
January (19days)	PARINDON KA SHEDAI URDU ZABAN HAMARI	RAMUZE OUQAF
February (19days)	CHIRIYA GHAR KI SER REVISION
March (20days)	ANNUAL EXAM

SESSION 2019 – 2020
CLASS – VII
MATHEMATICS

<i>Month/day</i>	Topic
April (17days)	1. Integers 2. Fractions and decimals
May (11days)	3. Rational numbers 4. Algebraic expressions
July (23days)	5. Simple equation 6. Symmetry 7. Percentage and its applications
August (20days)	8. Lines and angles 9. Perimeter and Area
September (20days)	Revision First term exam
October (17days)	10. Commercial mathematics 11. Ratio Proportion and unitary method 12. Exponents
November (20days)	13. Triangle and their properties 14. Congruence of triangle
December (21days)	15. Practical geometry 16. Visualising solid shapes
January (19days)	17. Data handling
February (19days)	Revision
March (20 days)	Annual exam

SESSION 2019 – 2020
CLASS – VII
SCIENCE

Months/Days	TOPIC
April (17 days)	NUTRITION IN PLANTS HEAT
May (11 days)	FIBRE TO FABRIC NUTRITION IN ANIMALS
July (23 days)	ACIDS,BASES AND SALTS RESPIRATION IN ORGANISMS WEATHER, CLIMATE AND ADAPTATIONS OF ANIMALS TO CLIMATE
August (20 days)	WIND,STORMS AND CYCLONES PHYSICAL AND CHEMICAL CHANGES
September (20 days)	REVISION AND FIRST TERM EXAMINATION
October (17 days)	ELECRTC CURRENT AND ITS EFFECTS TRASPORTATION IN ANIMALS AND PLANTS
November (20 days)	SOIL MOTION AND TIME REPRODUCTION IN PLANTS
December (20 days)	REPRODUCTION IN PLANTS LIGHT WATER: A PRECIOUS RESOURCE
January (19 days)	FOREST: OUR LIFE LINE WASTE WATER STORY
February (19days)	REVISION
MARCH (20 DAYS)	FINAL EXAMINATION

SESSION 2019– 2020
CLASS – VII
HISTORY, CIVICS & GEOGRAPHY

Months	History / Civics/ Geography
April (17days)	H: New Rules and Rulers (New Kings and Kingdoms) C: Democracy and Equality (On Equality) G: Inside the restless Earth (Inside Our Earth)
May (11days)	H: The Sultans of Delhi (The Delhi Sultan) C: Institutional Representation of Democracy
July (23days)	H: The Mughal Empire G: Movements of the Earth (Our Changing Earth) C: The State Government G: Weathering and Erosion (Our Changing Earth)
August (20days)	H: Architecture and Power (Rulers and Buildings) C: Functioning of the state Government (How the State Government Works) G: The Atmosphere (Air) C: Gender Issues: Social Aspects (Growing up as Boys and Girls)
September (20days)	Revision -I Term Exam
October (17days)	H : Towns, Artisans and Merchants (Towns, Traders and Craftspersons) G: Realms of water (Water) C: Gender Issues: Economic Aspects (Women Change the World)
November (20days)	H: Mobile and settled communities (Tribes, Nomads and Settled Communities) G: Natural Vegetation and Wildlife C: Media and Democracy (Understanding Media) G: (Human Environment interactions) Life in the Tropical and Sub Tropical Regions
December (21days)	H: Popular belief and Religious Debates (Devotional Paths to the Divine) C: (Understanding) Advertising G: Life in the Temperate Grasslands G: Life in the Deserts
January (19days)	H: (Eighteenth-Century) New Political Formations C: From Producers to Consumers: Types of Markets (Market Around Us)
February (19days)	Revision

SESSION 2019 – 2020
JAPANESE
CLASS – VII

<i>Month/day</i>	Topic
April (17 days)	Dai 1 ka - jisho wa doko ni arimasu ka.
May (11 days)	Dai 2 ka - Otanjyobi omedetou.
July (23 days)	Dai 3 ka - Genki na saru ga imasu ka.
August (20 days)	Dai 4 ka – Hokenshitsu e itte mo iidesuka.
September (20 days)	REVISION FOR First Term Exam.
October (17 days)	Dai 5 ka - Moshi moshi yukisan ga imasuka.
November (20 days)	Dai 6 ka - Ryoko ni ikimasu ka.
December (21 days)	Dai 7 ka - yukisan wa hashi de tabemasu.
January (19 days)	Dai 8 ka – Ojiisan ogenki desu ka.
February (19 days)	RENISION
March (20 days)	ANNUAL EXAM.

SESSION 2019 – 2020
CLASS – VII
GERMAN

ENGLISH Months/ Days	Topic	Content
April (17 days)	Modul-Drei	Lektion Eins
May (11 days)	Modul- Drei	Lektion zwei
July (23 days)	Modul- Drei	Lektion drei
August (20 days)	Modul- Drei	Lektion vier
September (20 days)	Prüfung	Wiederholen
October (17 days)	Modul-Vier	Lektion- Eins
November (20 days)	Modul- Vier	Lektion- zwei
December (21 days)	Modul- Vier	Lektion -drei
January (19 days)	Modul- Vier	Lektion- vier
February (19 days)		Prüfung und Wiederholen

SESSION 2019-20
CLASS – VII
FRENCH

Month/day	Topic
April (17days)	L- 15 La maison de M. Vincent à Montréal
May (11days)	L- 17 Le salon la salle à manger la cuisine
July (23days)	L-18 Les chambre, la salle de bains
August (20days)	L- 19 Les repas
September (20days)	Les examens
October (17days)	L-22 Les vêtements de femme
November (20days)	L- 23 Courrier électronique et passeports
December (21days)	L-24 La toilette de M. Vincent
January (19days)	L- 25 Le départ
February (19days)	Les examens

SESSION 2019– 2020
CLASS – VII
ART

MONTH/DAYS	TOPICS
April (17days)	Flower Composition, Design
May (11days)	Story composition, Birds
July (23days)	Animals, Peacock
August (20days)	Face elements, Paper cutting
September (20days)	Trees, First Term exam
October (17days)	Object drawing, Flower composition
November (20days)	Fish, Still life
December (21days)	Animal, Thread painting
January (days)	Landscape, Fruits
February (19days)	Swan, Vegetable
March (20days)	Annual Exam

SESSION 2019-2020
CLASS – VII
Physical Education

ENGLISH Months/ Days	Topic	Content	Activity
April (17 days)	volleyball	Fundamental skills	1.serving 2.underhand 3.short version game
May (11 days)	Kho-kho	1.running up 2.chasing up	Short version game
July (23 days)	Basket ball	Fundamental skills	1.dribbling 2.passing 3.receiving
August (20 days)	Football	Fundamental skills	1.receiving 2.dribbling 3.passing
September (20 days)		1 st term exam	Skill assessment
October (17 days)	athletics	1.running events 2.throwing events	Sprints Recreation game
November (20 days)	rugby	1.passing 2.receiving	Short version game
December (21 days)	cricket	Fundamental skills	1.bowling 2.batting 3.fielding
January (19 days)	yoga	Different types of asana	1.tarr asana 2.padmasana
February (19 days)		2 nd term exam	Skill assessment

SESSION 2019– 2020
CLASS – VII
WESTERN MUSIC INSTRUMENTAL

Months/ Days	CONTENTS
April (17 days)	<u>Levels of Instruments (keyboard,Guitar etc)</u>
May (11 days)	<u>History of Guitar</u>
July (23 days)	Different types of music(western music)
August (20 days)	Lead Guitar lessons (every scale)
September (20 days)	Revision & 1 st Term Exam
October (17 days)	Lessons of Guitar chords
November (20 days)	Some hard & typical compositions for practice
December (21 days)	Group Work (Chording+Leadings)
January (19 days)	Some hard types of composition(notations)
February (19 days)	Revision & Final Term Exam

SESSION 2019-2020
CLASS – VII
INSTRUMENTAL- MUSIC (TABLA)

MONTH/DAYS	CONTENTS
April (17 days)	Parts of Tabla & playing method.
May (11 days)	Lessons about Tabla Bols
July (23 days)	Types of taal 'Keherwa'
August (20 days)	Types of taal 'Dadra'
September (20 days)	Revision & 1 st Term Exam
October (17 days)	Group Work (Practical & theory)
November (20 days)	Introduction of 'teentaal' (16 Beats)
December (21 days)	One Qayda in teentaal
January (19 days)	One 'Tukda' in teentaal
February (19 days)	Revision & final Term Exam

SESSION 2019-2020
CLASS – VII
MUSIC (VOCAL)

MONTH & DAYS	CONTENTS
April (17 days)	Introduction of Indian Classical Music
May (11 days)	Lessons of Indian Notation System & Introduction of ‘Alankar’
July (23 days)	One Bhajan, One Geet
August (20 days)	Two Patriotic Songs for Independence Day.
September (20 days)	Revision & 1 st Term Exam
October (17 days)	Introduction of Taal Keherwa
November (20 days)	One raag based composition in any category.
December (21 days)	One Raag based prayer and Saraswati Vandana
January (19 days)	Some theoretical topics related to Octave, Chords, Scale etc.
February (19 days)	Revision & Final Term Exam

SESSION 2019-2020
CLASS – VII
BAND

MONTH & DAYS	CONTENTS
April (17 days)	Introduction of band instruments
May (11 days)	How to hold bands instruments.
July (23 days)	Scale of bagpiper and drum exercises.
August (20 days)	National Anthem tune and rhythm.
September (20 days)	Revision
October (17 days)	Band formation.
November (20 days)	Slow march tune.
December (21 days)	Quick march to slow march and slow march to quick march interchange tune and rhythm.
January (19 days)	Preparation for March past.
February (19 days)	Revision.

SESSION 2019-2020
CLASS – VII
DANCE

Month & Days	CONTENTS
April (17 days)	Movements on music & general steps.
May (11 days)	Classical dance kathak hand movement & foot movements.
July (23 days)	Kathak dance foot work
August (20 days)	Dance on a Taal
September (20 days)	Revision & 1st term Exam.
October (17 days)	Special foot movement of kathak & Tatkar.
November (20 days)	Kathak on Historical stories.
December (21 days)	Dance on Christmas carol.
January (19 days)	Creative forms of dance.
February (19 days)	Revision & 2 nd term Exam.

SESSION 2019-2020
CLASS – VII
Value Education

Month & Days	CONTENTS
April (17 days)	Self Awareness : Nurturing a Growth Mindset
May (11 days)	Critical Thinking : Use and Manage information
July (23 days)	Creative Thinking : Originality of thoughts
August (20 days)	Decision – Making : Decision making Process
September (20 days)	First Term Examination
October (17 days)	Problem – Solving Techniques
November (20 days)	Interpersonal – Relationship Skill : Building New Relation and Friendships
December (21 days)	Communication : Assertive communicative Skill
January (19 days)	Empathy : Sensitivity Towards Others
February (19 days)	Second Term Examination

SESSION 2018 – 2019
CLASS – VII
COMPUTER EDUCATION

MONTH/DAYS	Topic	Contents
April (17days)	Computer Networks and Ethics	Introduction of Computer Network, Network Components, and Advantages of Networking
May (21 days)	Number System	Number System Concept and Computer Number System
July (23 days)	Computer Viruses	Computer Virus, Spreading of Viruses Types of Viruses
August (20 days)	More On QBASIC	Library Function ,If-Then-Else, Loops, For-Next Loop, Do..While Loop, Do...Until Loop
September (20 days)	Introduction to MS Publisher First Term Exam	Introduction, Plan Publication- How Publisher Works? , Desktop Publishing and Its Advantages.
October (17 days)	Working with tools in Adobe Flash	Drawing and Painting tools in Adobe Flash
November (20 days)	Graphs In MS Excel Formulas and Functions	Introduction, Components of Chart Types of Chart Formulas and Functions , Cell References Using AutoSum
December (21 Days)	Database Management System	About Database Database Management System Advantages of DBMS , Hierarchy of Database
January (19 days)	Introduction to C++	Introduction , C++ Character Set Tokens , Using I/O Operators Fundamental Data Types
February (19 days)	More On HTML	Introduction <HR>, Types of Lists , Adding Graphics Tables , Cellpadding

SESSION-2019 -20
CLASS --VII
GENERAL KNOWLEDGE

Months/Days	CONTENTS
April (17 days)	Know and Grow Amazing Information
May (11 days)	Indian Sports Award
July (23 days)	Star and planet Science Travel
August (20 days)	Current Affairs Invention and Discoveries Health
September (20 days)	<u>Revision for First Term</u>
October (17 days)	Technology Brain Teasers
November (20 days)	Busters Authors
December (21 days)	World Hub Our presence
January (19 days)	Indian Constitution
February (19 days)	Revision for second Term

SESSION-2019 -20
CLASS –VII
RESASONING

Months/Days	CONTENT
April (17 days)	Number Series
May (11 days)	Pattern
July (23 days)	1.Letter Series 2.Coding decoding
August (20 days)	Mathematical reasoning
September (20 days)	Revision
October (17 days)	1.Series completion 2.Direction sense
November (20 days)	1.Mirror image 2.Analogy
December (21 days)	1.Word formation 2.Blood relation
January (19 days)	Revision
February (19 days)	